



ArmchairEdClockHours
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Overview:

ArmchairEdClockHours.com currently provides continuing education to educators, using Educational Leadership magazine and premiere published books on cutting-edge educational themes and topics.

Course Goals and Objectives:

As a result of these courses, the student will be able to:

1. Create an exercise based on one of the core strategies to end bullying
2. Identify appropriate and grade texts for students on bullying
3. Create a unit plan on bullying

The following published book is currently being used as a text for the ArmchairEdClockHours course:

8 Keys to End Bullying (Whitson, 2014). Norton: New York. 218 pages.

This course delves into the psychology of bullying and the cultural climate that gives rise to such cruelty and aggression. The course takes a complex issue and synthesizes what is known into 8 simple, targeted “keys” that equip educators, professionals, and parents with practical strategies to tackle the issue of bullying head-on. Social media bullying—and the recent tragedies stemming from it—has given the widespread problem a new dimension. While no magic cure-all exists, educators can learn and implement all sorts of quick and easy techniques to make a huge difference in the lives of their students. In 8 core strategies, this course lays the establishing meaningful connections with kids that create a positive school climate, addressing cyberbullying, building social emotional competence, reaching out to bullies, and empowering bystanders.

Credit Options:

The course will be offered for 30 clock hours, based on the length and substance of the book, and related activities. **The course will include 30 multiple-choice questions and two required essays.**

Grading Rubric:

Pass/Fail: Coursework must be passed with 70% criterion.



Two Essays Required

Choose two essays from the following essay choices:

Essay 1: Each of the Key chapters includes at least one Exercise. Choose the Key that interests you the most and use one of the exercises in that chapter to frame your essay.

Essay 2: View the Dateline show, *My Kid Would Never Bully*. You can access the show at https://www.youtube.com/watch?v=8HtY_5pmKBE. After watching the episodes, write a review of the show. Forgetting that actors were involved, which episode had the most impact on you? Do you know why? Are there any takeaways for you as a teacher after watching these episodes?

Essay 3: Pages 121-124 lists books for all ages focused on bullying. Select one of the titles that seems appropriate for the age and grade you teach and plan a unit around the text. Your essay will be the unit plan. Summarize the story as your introduction and summarize the essay with the results you achieve or expect.

Essay 4: Create your own demonstration of the learning you take from this text. Identify your topic and describe it in an introductory paragraph. You may choose from the list below or develop your own.

- Plan a unit with assessment

- Action Research

- Extended learning, including research and developed activities

- Compare/contrast your current education practice to that of the text

- Create forms or systems for use in your classroom including assessment tools

- Plan an 'event', meeting or other pertinent program and report/reflect on it

- If you want to read more about bullying, select a book from p. 191-193 to read and review

- Explore some of the websites listed on p. 193-197 in the text and review the sites

You may combine any of these or develop your own. You may e-mail info@armchairedclockhours.com if you desire specific permission for your topic. The essay must demonstrate knowledge of the course and text, and direct application to your own educational position.

Essay scoring rubric:

Two essays required

One essay 2-3 pages

One essay 3-5 pages

Single spaced, 10 to 12 size font

Use of introduction and summary statement (even when a unit is developed)

Demonstration of grammar, spelling and writing skill

Demonstration of applied knowledge

All essays must be fully completed and the rubric followed to receive a grade. Essays not completed to required length will not be processed and revisions will be required.